



# Philippians 2:19-26 – Paul and Timothy

Watch this video from Crossroads Kids – <http://bit.ly/3PA8zQN>

The story of Paul and Timothy is the story of a friendship between an older and a younger person who grow in faith together and work together to share God's story. When an older person encourages a younger person, it is sometimes called mentoring.

You may want to look at this website: <https://craftingconnections.org.uk/>  
It is a fun way of linking to someone elderly who is in a care home and might enjoy exchanging some crafts with you, building a friendship which helps them feel less lonely.

Or why not make someone a badge of encouragement. Use a small paper plate or a circle of card and colour or paint it golden. Write a message of encouragement on it. Glue pointed strips of paper or ribbon underneath it to make it look like a rosette. Tape a safety pin on the back, making sure the badge is the right way up, and then give the badge to someone older or younger than you to encourage them.



A prayer for when someone encourages you

**Thank you for all the people who encourage me. Help me to listen and share.**

# Philippians 2:19-26 – Paul and Timothy

Watch this video from Crossroads Kids – <http://bit.ly/3PA8zQN>

The story of Paul and Timothy is the story of a friendship between an older and a younger person who grow in faith together and work together to share God's story. When an older person encourages a younger person, it is sometimes called mentoring.

You may want to look at this website: <https://craftingconnections.org.uk/>  
It is a fun way of linking to someone elderly who is in a care home and might enjoy exchanging some crafts with you, building a friendship which helps them feel less lonely.

Or why not make someone a badge of encouragement. Use a small paper plate or a circle of card and colour or paint it golden. Write a message of encouragement on it. Glue pointed strips of paper or ribbon underneath it to make it look like a rosette. Tape a safety pin on the back, making sure the badge is the right way up, and then give the badge to someone older or younger than you to encourage them.



A prayer for when someone encourages you

**Thank you for all the people who encourage me. Help me to listen and share.**



## Bible Reading

### Philippians 2:19-26 – Paul and Timothy

If it is the Lord's will, I hope that I will be able to send Timothy to you soon, so that I may be encouraged by news about you.

He is the only one who shares my feelings and who really cares about you. Everyone else is concerned only with their own affairs, not with the cause of Jesus Christ.

And you yourselves know how he has proved his worth, how he and I, like a son and his father, have worked together for the sake of the gospel.

So I hope to send him to you as soon as I know how things are going to turn out for me. And I trust in the Lord that I myself will be able to come to you soon.

*I wonder who encourages you and who you encourage?*

## Bible Reading

### Philippians 2:19-26 – Paul and Timothy

If it is the Lord's will, I hope that I will be able to send Timothy to you soon, so that I may be encouraged by news about you.

He is the only one who shares my feelings and who really cares about you. Everyone else is